

# Dried Beans/Peas/Lentils

## APPROVED

### Must Be

Plain

### You Can Choose

16 oz bags

Bulk (sold by weight)

Any brand

Any variety

Low sodium

Non organic or organic



## NOT APPROVED

### Do Not Buy

Boxes

Cans

Added flavors, foods, or spices

Barley

Bean and rice mix

Coffee beans

Dried refried beans

Frozen

Gourmet style

Green beans

Jelly beans

Soup or soup mix

Vanilla beans

### Shopping Tip

You can choose dried beans, peas, and lentils or peanut butter. See page 23 for information about peanut butter.